

# Volunteering

## opportunities in Barnet

Get involved  
in your local  
community

### Home-Visiting volunteer – Home-Start Barnet

Home-Start train volunteers to provide emotional and practical support to vulnerable expectant mothers, families with young children and young people under the age of 18 with poor mental health. By visiting a family in their own home and offering friendship, volunteers represent a lifeline for many families who are struggling to cope with such things as isolation, depression, disability and multiple births. We are looking for people who can commit up to three hours a week and complete our comprehensive free training.



### Volunteer Early Years Activity Assistant - Barnet Libraries

This is a supporting role, providing additional help to library staff running events for under-fives on a pre-arranged regular basis. Tasks include setting up the room, signing people in, handing out musical instruments and promoting the library service. Volunteers are required to support staff-run activities that take place in staffed and self-service opening hours. Long-term volunteers may get the opportunity to be involved in the planning of activities, in accordance with the Early Years Foundation Stage Curriculum.

### Whetstone Allotments Community Plot - Allotment Garden Buddy

Whetstone Allotments Community Plot provides 12 adults with a learning disability the opportunity to create a community garden, welcoming anyone who would benefit from this, especially people who do not have access to outdoor space. We run sessions in partnership with Barnet Mencap for adults with learning disabilities who require on-site support to access the project. These sessions are supported by professional Barnet Mencap support workers and volunteer Garden Buddies, who work alongside Support Workers and a Garden Facilitator on the Community Plot to befriend adults with learning disabilities and support them in allotment tasks.



### Charity Shop Assistant - Mill Hill - All Aboard Shops

All Aboard is the Jewish community's leading charity shop chain. We are looking for volunteers of all ages (minimum 14 years), to assist in our North West London shops. You will provide customer service, tag clothes, sort bric-a-brac and clothing, price items and help to dress shop displays. We provide you with documented and referenced work experience and full training. Help us to give back to your community in a happy and dedicated team environment.



Register and apply for roles at:  
[www.volunteeringbarnet.org.uk](http://www.volunteeringbarnet.org.uk)

Use the simply connect 'Find a Role' widget in the volunteer section of the website to apply for any of the above or search for more roles in your area.

If you have any questions about these opportunities, or how to apply, email [enquiry@volunteeringbarnet.org.uk](mailto:enquiry@volunteeringbarnet.org.uk) or call: 0300 365 9960.